Central Texas Caregiver Respite Directory

Austin and surrounding communities • Where to ask about overnight care, daytime relief and possible funding.

Start with support and funding

Area Agency on Aging of the Capital Area (CAPCOG) — 512-916-6062. Caregiver assessments, referrals, and possible short-term respite support for eligible families. capcog.org

Capital Area Aging and Disability Resource Center — 855-937-2372. Ask about respite resources and funding options. capcog.org

AGE of Central Texas — 512-451-4611. Daytime Thrive programs in Austin and Round Rock, caregiver education and referrals; not an overnight care provider. ageofcentraltx.org

Agencies advertising overnight or extended home care

Home Matters Caregiving, Austin — 512-612-9234. Overnight and respite care advertised.

Keep Safe Care, Central Austin — 512-887-8277. Overnight and respite services advertised.

Excellent Home Care, Round Rock — 512-998-1324. Overnight, live-in, and respite care advertised.

Assisting Hands of West Austin — 512-999-7379. Overnight and extended coverage advertised.

Right at Home, Austin West — 512-465-9900. Overnight and around-the-clock care advertised.

Important: These are research leads, not phone-verified endorsements. Ask about your ZIP code, awake shifts, rates, minimum hours, backup staff, and accepted funding.

Coverage questions

Original Medicare generally does not pay for routine overnight custodial care at home. Ask Medicare Advantage plans about supplemental benefits; ask hospice about eligible inpatient respite; ask Medicaid and VA care coordinators about approved respite programs.

Counties and cities

Ask providers whether they serve Travis, Williamson, Hays, Bastrop, Caldwell, Blanco, and Burnet counties—including Austin, Pflugerville, Round Rock, Cedar Park, Leander, Georgetown, Buda, Kyle, San Marcos, Bastrop, and nearby towns.

Questions about senior care options? Visit stellawilliamstx.com. Services, eligibility and coverage must be confirmed directly with each organization. Reviewed November 2026.